You can get home-based care

Discovery Home Care is a service provider that offers home-based care. Using the services of Discovery Home Care you, as a member that belongs to a scheme administered by Discovery Health, can receive care in the comfort and familiar surroundings of your home. Discovery Home Care is an accredited service provider that offers you high-quality service from professional nurses who have received additional quality training from Discovery Health (Pty) Ltd.

Experience the benefits of Discovery Home Care

**Improved experience and service:** You do not have to travel to a facility to receive care. You can receive treatment in the comfort of your own home and have accredited nurses or care workers take care of you there.

**Maintained and improved quality of care and outcomes:** Highly skilled nurses deliver quality home care in a professional manner.

**Prevention of hospital admissions and shortening length of stays:** Certain treatment can be provided in a home environment, making it possible to receive care without being admitted to hospital. Discovery Home Care can also assist to reduce the standard number of days in hospital, making it possible for you to recover in the familiar surroundings of your home.

Areas where Discovery Home Care is available

Discovery Home Care services are available to you in Gauteng, Cape Town, and KwaZulu-Natal. Selected services are available in Port Elizabeth. As Discovery Home Care grows its network, these services will expand to other areas across the country.

You need to apply for these services

Certain criteria need to be met before the services available through Discovery Home Care will be paid for, just like in the case of hospital admissions. This will ensure that appropriate medical care is paid for from your relevant medical scheme benefits, including the Hospital Benefit, Advanced Illness Benefit and the Compassionate Care Benefit.
Discovery Home Care will provide quality nursing or care worker support in your home for the following:

<table>
<thead>
<tr>
<th>SERVICE</th>
<th>WHAT IT INVOLVES</th>
<th>YOUR MEDICAL SCHEME COVERS IT</th>
</tr>
</thead>
<tbody>
<tr>
<td>End-of-life care</td>
<td>End-of-life care provided by nurses or care workers in partnership with the Hospice Palliative Care Association of South Africa.</td>
<td>Paid from the Compassionate Care Benefit up to a set limit for a person once in their lifetime. Oncology-related conditions are paid from the Advanced Illness Benefit.</td>
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<tr>
<td>IV infusions</td>
<td>The administration of IV antibiotics, iron treatment, enzymes, steroids, rehydration fluids and immunoglobulins if your condition is stable and hospital admission is not required.</td>
<td>Paid from the Hospital Benefit if funding is approved (for example, in place of hospitalisation).</td>
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<tr>
<td>Wound care</td>
<td>Wound care for venous ulcers, diabetic foot ulcers, pressure sores and other moderate to severe wounds if your condition is stable and hospital admission is not required.</td>
<td>This type of care could be paid from your Hospital Benefit if funding is approved (for example, in place of hospitalisation).</td>
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<tr>
<td>Postnatal care</td>
<td>This service offers home visits for healthy mothers, and their babies, if they choose to be discharged a day early from hospital. This service includes three day visits by a midwife, within a six-week postnatal period.</td>
<td>This type of care will be paid from the Hospital Benefit if funding is approved (for example, in place of hospitalisation).</td>
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</tbody>
</table>

How to apply for Discovery Home Care services
To access any of the Discovery Home Care services, please email us at homecare@discovery.co.za or call us on 0860 462 273. One of our qualified Discovery Home Care consultants will contact you to arrange the service.

Discovery Home Care services are available to the following Schemes administered by Discovery Health:
- Anglo Medical Scheme
- Angolovaal Group Medical Scheme
- Engen Medical Benefit Fund
- LA Health Medical Aid Scheme
- Lonmin Medical Scheme
- M-Med Option of the Naspers Medical Fund
- Netcare Medical Scheme
- Quantum Medical Aid Society
- Retail Medical Scheme
- Tsogo Sun Group Medical Scheme

Discovery Health (Pty) Ltd; registration number 1997/013480/07, an authorised financial services provider and administrator of medical schemes. Discovery Home Care is a service provider. Practice 080 000 8000190, Grove Nursing Services (Pty) Ltd registration number 2015/191080/07, trading as Discovery Home Care.